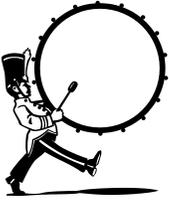


Boxes Completed \_\_\_\_\_

Date Submitted Online \_\_\_\_\_



## Depoali Middle School Band – 6<sup>th</sup> Grade

### Goal-Based Practice Chart

**\*Due online by Monday, 9/28/15. 30 boxes required this week.**



**\*Posture/Position:** During every practice time make sure you are sitting tall, on the edge of your chair. Be sure you are holding your instrument as described in class.

Practice Element	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
<b>A) Woodwinds:</b> play for 8 counts on your MP/HJ and then as long as you can. <b>Brass:</b> buzz a long low tone, then a long high tone, then a rollercoaster tone	Play slowly with your best sound.	Breathe deeply and keep a steady stream of air moving through your instrument.	Play slowly with your best sound.	Breathe deeply and keep a steady stream of air moving through your instrument.	Play slowly with your best sound.	Breathe deeply and keep a steady stream of air moving through your instrument.	Play slowly with your best sound.
<b>B) Warm-up 1</b> (separate sheet): letters A, B, E	Make sure to use the tip of your tongue.	Make sure your air doesn't stop when you tongue.	Let your tongue bounce off the air & keep a good sound.	Can you play 4 half notes on one breath?	How many quarter notes can you play on one breath?	Make up your own combo of quarter & half notes.	Make up your own rhythm.
<b>C) Review: #17, 18, 19</b>	Check to make sure you are fingering the correct note & using good hand position.	Make sure you have strong air for the whole note & keep all fingers close to home keys.	Make sure to start each note with a tongue and have strong air right behind the tongue.	Take a deep, quiet breath in between the notes.	Can you put your fingers on the right keys without looking?	Tongue four half notes on this note.	Hold the note as long as you can. Are you getting a good sound?
<b>D) #20</b>	Check to make sure you are fingering the correct note & using good hand position.	Make sure you have strong air for the whole note & keep all fingers close to home keys.	Make sure to start each note with a tongue and have strong air right behind the tongue.	Take a deep, quiet breath in between the notes.	Can you put your fingers on the right keys without looking?	Tongue four half notes on this note.	Hold the note as long as you can. Are you getting a good sound?
<b>E) #21 &amp; 22</b>	Check to make sure you are fingering the correct note & using good hand position.	Make sure you have strong air for the whole note & keep all fingers close to home keys.	Make sure to start each note with a tongue and have strong air right behind the tongue.	Take a deep, quiet breath in between the notes.	Can you put your fingers on the right keys without looking?	Tongue four half notes on this note.	Hold the note as long as you can. Are you getting a good sound?
<b>F) Warm up 1, Letters C, D, F</b>	Practice going between the two notes without playing.	Go back and forth between the two notes in half notes only. Make sure to tongue!	Do Fingers/Notes 1X and then play slowly 1X. Tongue every note & don't take a breath between every note.	Do Tongue/Fingers 1X and then play slowly 1X. Play as long as you can on one breath.	Play slowly once and then at a medium speed once. Keep fingers close!	Play 2X at a medium speed and focus on strong, steady air.	Play 1X medium and 1X fast. Focus on tongue & steady air.

#### Practice Strategies:

- **Slo-Mo!** = Play each section as slow as you can and make sure every note is perfect. Speed it up once you can play it well.
- **Divide & Conquer** = Split the song into small chunks and fix each chunk individually. Gradually put them back together.
- **Get some lead on it!** = Use your pencil to write in a note or marking you keep missing (don't write them all in!).
- **3<sup>rd</sup> time's a charm** = Play each measure/section/song perfectly 3 times before moving on (restart each time you mess up).
- **Fingers/Notes** = Do the fingerings and say the notes WITHOUT playing.
- **Tongue & Fingers** = Say the tonguing and do the fingerings WITHOUT playing.
- **Sing it!** = Sing through the melody either with or without your instrument.
- **Karaoke** = Your book comes with audio tracks you can play along with!
- **Forget about it!** = Go back to a song you can play really well, and then come back to the one you're having trouble with.

#### Grading:

A new assignment will be given every week and is due the following week. Every practice session, students cross off or enter the number of completed goals in their practice log. 30 completed goals in a regular week are considered a 100% and anything above that is counted for extra credit (*up to 42*). The number of boxes completed is graded as a percent of 30 (ex: 25 boxes complete would be  $25/30 = .833 = 83\%$ ). It should take 15-25 minutes to complete one column of practice (one day) above. **Practice time will be submitted electronically** by visiting the 'Practice Logs' section of the band website. [www.depoaliband.weebly.com](http://www.depoaliband.weebly.com)