

## Depoali Middle School– Advanced Band Practice Log

**\*Due online by Monday, 4/10/17**

**30 boxes required.**

[www.depooliband.weebly.com](http://www.depooliband.weebly.com)

Practice Element	Day 1	Day 2	Day 3	Day 4	Day 5	Day 6	Day 7
<b>A) #187 long tones</b> (perc – keys #199), 88. Pathway #21A (perc-keys)	Take a good break & play slowly with your best sound.	Keep a steady stream of air moving through your instrument.	Take a good break & play slowly with your best sound.	Keep a steady stream of air moving through your instrument.	Play slowly with your best sound.	Keep a steady stream of air moving through your instrument.	Play slowly with your best sound.
<b>B) Memorize 159, 163, 167, 171</b> (perc-keys)	Play slowly once; fix any probs, then at a medium tempo.	Play slowly once, then once at a medium tempo.	Play 2X at a medium tempo.	Play 2X at a medium tempo and once at a fast tempo.	Play 2X at a medium tempo and once at a fast tempo.	Play once at a medium tempo and once at a fast tempo.	Play 2X at tempos of your choosing.
<b>C) 97 (perc-snare)</b>	Do fingers/notes 1X, then play slowly 2X	Do tongue & fingers 1X, then play slowly 2X	Play slowly, use 1 practice strategy then play again.	Play at a slow tempo then a medium tempo 2X.	Play 2X at a medium tempo.	Play 2X at a medium tempo and once at a fast tempo.	Play a song of your choice at two different tempos.
<b>D) 99 (perc-keys)</b>	Practice using 2 different practice strategies.	Practice using one practice strategy. Run again.	Play slowly, fix any prob spots, play again.	Play at a slow tempo then a medium tempo 2X.	Play 2X at a medium tempo.	Play 2X at a medium tempo and once at a fast tempo.	Play a song of your choice at two different tempos.
<b>E) 104 &amp; 105</b> (per-snare)	Practice using 2 different practice strategies. Run 1X.	Practice using one practice strategy. Run again.	Play slowly, fix any prob spots, play at a comfortable tempo 1X	Play at a slow tempo then a medium tempo 2X.	Play 2X at a medium tempo.	Play 2X at a medium tempo and once at a fast tempo.	Play a song of your choice at two different tempos.
<b>F) Angelic: 1-39; Lion King: 1-56</b>	Use 2 practice strategies. Observe symbols around the notes.	Remind yourself of symbols. Play slowly twice.	Play slowly, fix any problem spots, play two more times at a medium speed	Play at a slow tempo then a medium tempo 2X.	Play 2X at a medium tempo.	Play 2X at a medium tempo and once at a faster tempo.	Play a song of your choice at two different tempos.
<b>Upcoming events: Disney trip paperwork due by Friday, 4/7</b>							