

Name _____

Period _____

Date Assigned: **Week 14, 12/09 – 12/15 (6th Gr)**

Boxes Completed _____

Date Submitted Online _____



Depoali Middle School Band – 6th Grade

Goal-Based Practice Chart 2013-2014

***30 boxes are required this week – DUE online by 12/19/13**



***Posture/Position:** During every practice time make sure you are sitting tall, on the edge of your chair. Be sure you are holding your instrument as described in class.

| Practice Element | Day 1 | Day 2 | Day 3 | Day 4 | Day 5 | Day 6 | Day 7 |
|--|---|---|---|--|---|--|---|
| A) Scale Prep: #1 AND lip slurs (brass), octave jumps (flute), register jumps (reeds) | Play slowly with your best sound. | Breathe deeply and keep a steady stream of air moving through your instrument. | Play slowly with your best sound. | Breathe deeply and keep a steady stream of air moving through your instrument. | Play slowly with your best sound. | Breathe deeply and keep a steady stream of air moving through your instrument. | Play slowly with your best sound. |
| B) Scale Prep: #8 | Make sure to use the tip of your tongue. | Make sure your air doesn't stop when you tongue. | Let your tongue bounce off the air & keep a good sound. | Can you play 4 half notes on one breath? | How many quarter notes can you play on one breath? | Make up your own combo of quarter & half notes. | Make up your own rhythm. |
| C) Review: #25, 28, 30, 31 (choose two to practice each time) | Check to make sure you are fingering the correct note & using good hand position. | Make sure you have strong air for the whole note & keep all fingers close to home keys. | Make sure to start each note with a tongue and have strong air right behind the tongue. | Take a deep, quiet breath in between the notes. | Can you put your fingers on the right keys without looking? | Tongue four half notes on this note. | Hold the note as long as you can. Are you getting a good sound? |
| D) Review: #34, 35, 38 | Check to make sure you are fingering the correct note & using good hand position. | Make sure you have strong air for the whole note & keep all fingers close to home keys. | Make sure to start each note with a tongue and have strong air right behind the tongue. | Take a deep, quiet breath in between the notes. | Can you put your fingers on the right keys without looking? | Tongue four half notes on this note. | Hold the note as long as you can. Are you getting a good sound? |
| E) "Holiday Sampler", improve problem spots (last 4 measures!) | Practice using 2 different practice strategies. Run 1X. | Practice using one practice strategy. Run again. | Play slowly, fix any prob spots, play at a comfortable tempo 1X | Play at a slow tempo then a medium tempo 2X. | Play 2X at a medium tempo. | Play 2X at a medium tempo and once at a fast tempo. | Play a song of your choice at two different tempos. |
| F) "Holiday Sampler", run the whole thing without stopping! | Practice using 2 different practice strategies. Run 1X. | Practice using one practice strategy. Run again. | Play slowly, fix any prob spots, play at a comfortable tempo 1X | Play at a slow tempo then a medium tempo 2X. | Play 2X at a medium tempo. | Play 2X at a medium tempo and once at a fast tempo. | Play a song of your choice at two different tempos. |

2nd QUARTER TESTS: #23 AND 35. Must be taken by 12/19

Practice Strategies:

- **Slo-Mo!** = Play each section as slow as you can and make sure every note is perfect. Speed it up once you can play it well.
- **Divide & Conquer** = Split the song into small chunks and fix each chunk individually. Gradually put them back together.
- **Get some lead on it!** = Use your pencil to write in a note or marking you keep missing (don't write them all in!).
- **3rd time's a charm** = Play each measure/section/song perfectly 3 times before moving on (restart each time you mess up).
- **Fingers/Notes** = Do the fingerings and say the notes WITHOUT playing.
- **Tongue & Fingers** = Say the tonguing and do the fingerings WITHOUT playing.
- **Sing it!** = Sing through the melody either with or without your instrument.
- **Karaoke** = Your book comes with audio tracks you can play along with!
- **Forget about it!** = Go back to a song you can play really well, and then come back to the one you're having trouble with.

Grading:

A new assignment will be given every week and is due the following week. Every practice session, students cross off or enter the number of completed goals in their practice log. 30 completed goals in a week are considered a 100% and anything above that is counted for extra credit (up to 42). The number of boxes completed is graded as a percent of 30 (ex: 25 boxes complete would be $25/30 = .833 = 83\%$). It should take 15-25 minutes to complete one column of practice (one day) above. **Practice time will be submitted electronically** by visiting the 'Practice Logs' section of the band website. www.depoaliband.weebly.com